

OPEN PORES

The doctor says: This is also a problem related to the oil glands and that is why oily skins are more prone to open pores. "The main cause is a lack of proper skincare. Good exfoliating scrubs or glycolic peels can be beneficial," suggests Dr Sekri.

The beautician says: Ritu of VLCC says it is very important to close all the pores that get opened after cleansing. Use a good non-alcoholic toner which does not dry the skin like a normal toner does. And if you use warm water to wash your face, then splash some cold water immediately afterwards to close the pores.

"Another good home remedy for



TOMATO TONES

Tomato pulp helps close pores

tackling open pores is to apply the pulp of a tomato on them for five minutes and then wash it off with water. People prone to open pores may suffer from a sluggish system. They should not apply heavy creams and should go in for a light soufflé creams instead," suggests Kochhar.

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